**VOLUNTEER APPLICATION**

**PERSONAL CONTACT INFORMATION**

First and Last Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Birthday: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PO Box (if any): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Town: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Postal Code: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Home Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cell Phone:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Would you like to receive our newsletter?  Mail  Email  No, thank you!

**PROGRAM INTERESTS** (please check all that apply)

Cardiff Food Bank  Highlands East Food Hub (Wilberforce)  Community Cooks

Heat Bank  Income Tax Program  Board of Directors / Committees

**VOLUNTEER INTERESTS** (please check all that apply)

Committee Work  Promotion & PR  Event volunteer  Picking up food/wood

Delivering food/wood to people in need  Hand out food  Stock shelves

Income Tax Returns  Splitting Wood  Stacking Wood  Fundraising

Cooking with adults  Cooking with kids  Board work  Admin / Data entry

Other:      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ADDITIONAL INFORMATION**

Have a truck/trailer  Able to do heavy lifting  Hold chainsaw operator's licence

Hold valid driver's licence  Have/willing to get police check  Have basic computer skills

Safe Food Handler’s Cert  Other:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**AVAILABILITY** (please check all that apply)

Daytime  Evenings  Weekends  Summer only  Other:   \_\_\_\_\_

**ANY OTHER NOTES** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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